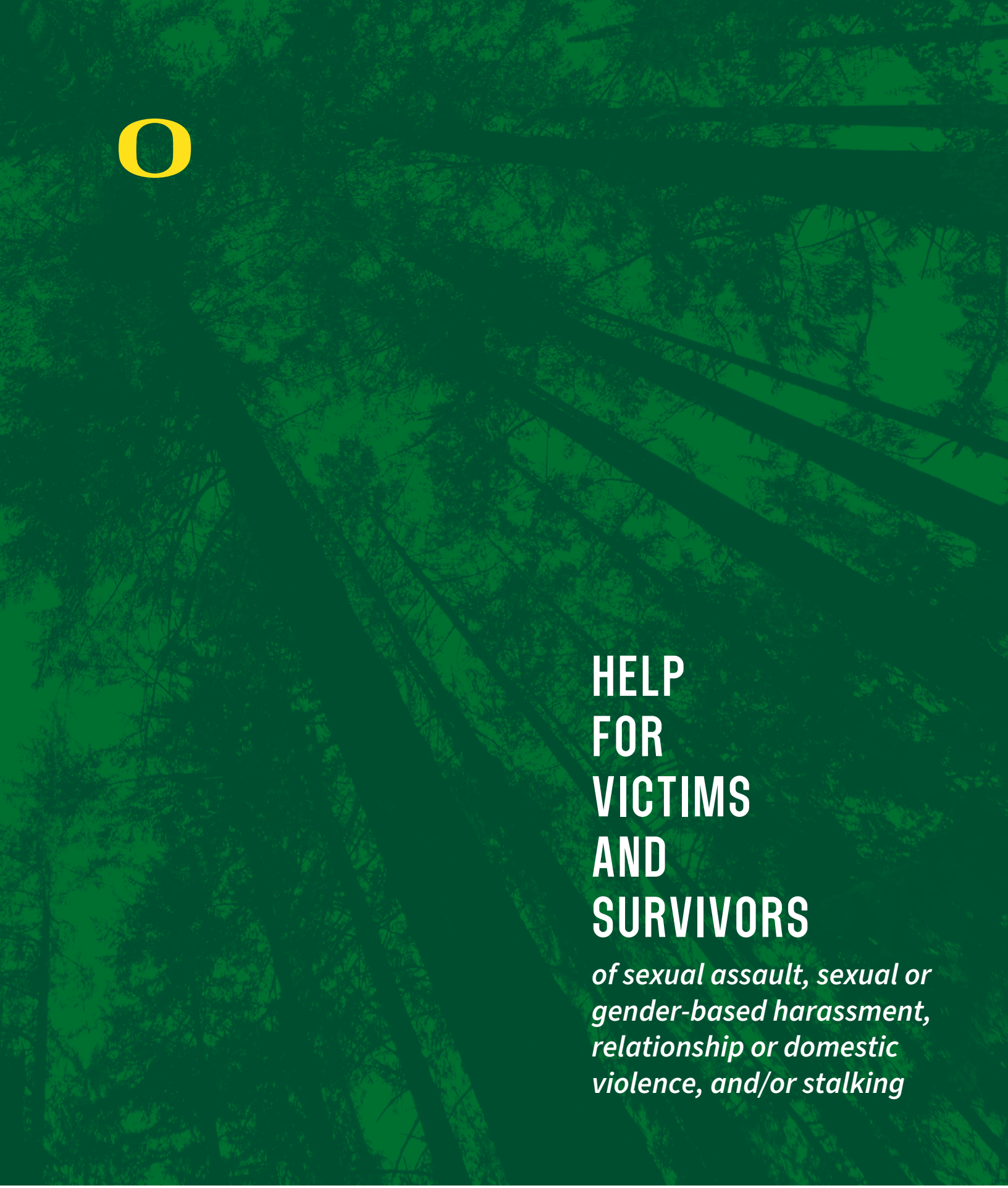


# HELP FOR VICTIMS AND SURVIVORS

*of sexual assault, sexual or gender-based harassment, relationship or domestic violence, and/or stalking*

8th Edition

24-hour hotline 541-346-SAFE

# Information for Survivors

### AT THE UNIVERSITY OF OREGON, YOU ARE NOT ALONE

If you are the survivor of sexual assault, sexual or gender-based harassment, dating or domestic violence, or stalking, you may feel like you don't know what to do or who to talk to. You may not know what you need; that's OK. At the UO, you have resources and support to help you figure that out. You are not going through this alone.

### REACH OUT FOR HELP

Confidential help is available to you no matter where you are. You can call the confidential SAFE hotline anytime at 541-346-SAFE (7233) to get support and talk about your options.

### TAKE CARE OF YOURSELF

Experiencing violence or intense fear can impact your mental and physical health. For your safety and your well-being, you may want to get medical care or talk with someone confidentially. The UO' s Care and Advocacy Program has confidential advocates who can talk with you about what happened and help you get medical and/or mental healthcare.

### YOU MAKE THE DECISIONS; AN ADVOCATE CAN HELP

This is a good time to surround yourself with people who support and understand your needs and who will honor your choices.

# You Have Options

### WE ARE HERE TO HELP

Confidential staff are available to discuss all available options with students who will then decide how they want to proceed.

### OPTIONS FOR STUDENTS TO REPORT AND/OR RECEIVE HELP

- Students may receive confidential support on campus, including but not limited to counseling and health services from University Health Services and advocacy and support from the Care and Advocacy Program. Portland UO students may access counseling and health services at the Portland State University Center for Student Health and Counseling: pdx.edu/shac/counseling.
- Students have the option of filing a report with the university's Title IX Coordinator in the Office of Investigations and Civil Rights Compliance. Students may either file a report that includes their name or an anonymous report to the university's reporting form.

- Students have the option of reporting to and receiving help from law enforcement.
- Students may seek help from off-campus community resources.
- Students may pursue civil recourse against the person who caused harm (protective orders, etc.)

**investigation.uoregon.edu/how-report**

## University Supportive Measures

### CARE AND ADVOCACY PROGRAM

We know that sexual harassment and violence can affect many aspects of a student's life. Confidential Care and Advocacy Program services are therefore available to students 24 hours a day, seven days a week at 541-346-7233 (SAFE), including weekends and holidays. **Supportive measures are available whether a student chooses to file a report or not.**

The Care and Advocacy Program team can assist in arranging supportive measures. Student information will only be shared with the formal authorization from the student and to the extent necessary to implement supportive measures. Supportive measures may include:

- Immediate student-centered support and advocacy
- Addressing immediate and ongoing safety concerns
- No contact directives between student survivors and students who caused harm
- Advising related to medical care and forensic evidence collection
- Consultation with friends, family, and others on how to support a victim, as requested by students
- Assistance with filing a report with the university, local law enforcement, or both
- Accompanying students during medical exams, meetings with law enforcement, and/or to student conduct proceedings
- Visa and immigration services
- Referrals to off-campus resources, including health services
- Assistance with navigating campus resources, including academic support, counseling and health services, housing and transportation support, and employment and financial assistance

### ACADEMIC SUPPORT

Our goal is to assist students to successfully continue and complete their education. This may include tutoring referrals or help requesting adjustments to deadlines, exam dates, and class schedules, and course withdrawals without a recorded W or financial penalty.

## COUNSELING SERVICES

Counseling Services at the UO offers confidential counseling services for students experiencing personal difficulties. Professional counseling staff, licensed psychologists, and therapists with experience in trauma response and healing are available to assist students. Students are eligible for free services through Counseling Services. For some students who want or need longer-term support, Counseling Services can help students find a provider in the community.

## HEALTH SERVICES

The University Health Services team provides comprehensive medical services, including emergency contraception, medication to prevent and treat infections, physical exams, and other services. Medical care is also available for students experiencing anxiety, depression, or difficulty sleeping. Survivors of sexual assault may seek a free exam from a nurse specially trained in the collection and preservation of evidence either at University Health Services or a community hospital—all while remaining anonymous and without contacting law enforcement. Contact University Health Services at 541-346-2770 or health.uoregon.edu.

## HOUSING SUPPORT

Survivors often wonder whether it is possible to remove the person who harmed them from campus housing. Typically, only in cases where there is an emergency action and a pending conduct process would an accused student be required to move. However, it is usually possible to move a survivor to an alternate campus housing location.

Students who reside off campus should contact the Care and Advocacy Program team at 541-346-7233 (SAFE) to discuss housing options and financial assistance for moving. The Care and Advocacy Program team can also assist students with applying to the State of Oregon Address Confidentiality Program. Students may also contact Address Confidentiality Program staff directly at 503-373-1323.

## EMPLOYMENT AND FINANCIAL ASSISTANCE

Students who are experiencing employment or other financial aid concerns may be eligible for assistance from the university's Victim Assistance Fund. Financial assistance is also available through the Oregon Department of Justice's Crime Victim and Survivor Services Division Compensation Program at 503-378-5348. The Care and Advocacy Program team can help students navigate the crime victim process.

## TRANSPORTATION SUPPORT

The Care and Advocacy Program team can help students obtain safe transportation to and from appointments or meetings related to their experience. Advocates can also help to facilitate alternative parking options on campus.

### LEGAL SERVICES

Confidential advocates from the Care and Advocacy Program can provide students assistance with:

- Obtaining protective orders through the court and/or the university by accompanying students through the process
- Breaking a lease or removing another person from the lease
- Employment protection, name and other identity change options, and address confidentiality

## Help from Law Enforcement

It is a student's right to report any situation to law enforcement. Upon request, staff from the Care and Advocacy Program will arrange for someone to accompany a student to meet with law enforcement.

If you experience an emergency, call 9-1-1. In non-emergency situations:

- If the incident occurred in Eugene, contact the University of Oregon Police Department at 541-346-2919.
- If the incident occurred in Springfield, contact the Springfield Police Department at 541-726-3714.
- If the incident occurred on or near the Oregon Institute of Marine Biology marine station in Charleston, Oregon, contact the Coos Bay Police Department at 541-269-8911.
- If the incident occurred in Portland, contact the Portland Police Department at 503-823-3333.
- Students who are not sure whom to contact or who want help filing a report should call the UO Safe Hotline at 541-346-SAFE (7233).

Students who wish to pursue criminal charges or protective orders should take steps to preserve evidence that may assist law enforcement officers in identifying the person responsible. This includes preserving emails, texts, social media posts, photos, videos, blog feeds, and other digital evidence.

Students who have experienced a sexual assault are encouraged to visit an emergency room or University Health Services as soon as possible following the incident for a free sexual assault nurse examination. Students may choose to have evidence collected anonymously (which will preserve the option to later pursue criminal charges). If you know you want to

pursue a criminal investigation or want to preserve your options for criminal investigation, Sexual Assault Nurse Examiners recommend the following in case you decide to have evidence collected:

- Do not urinate if possible. If there is concern about a drug-facilitated sexual assault, the first available urine will be collected at the clinic or emergency room.
- Do not eat or drink.
- Do not shower, bathe, or brush your teeth.
- Do not smoke.
- Bring clothes worn at the time of assault and immediately after assault, especially undergarments. If you aren't wearing them, bring them in a paper bag.
- Bring a change of clothing.
- Bring a support person.

## Reporting to the University

### FILING A REPORT

Students may file a report concerning a student, an employee, or a visitor to campus with the Office of Equal Opportunity and Access (OEOA). OEOA staff will contact you to discuss options for addressing your concerns.

**investigations.uoregon.edu/how-report**

## Student Rights

### POLICIES AND PROCEDURES

Should campus disciplinary proceedings be initiated, students have the right to:

- A prompt, fair, and impartial process from the initial investigation to the final decision. This means a prompt and impartial investigation, and that parties will receive timely notice of meetings, equal access to information throughout the process, and a fair hearing.
- Have an advisor of their choice present during any meeting or proceeding, including the opportunity to be accompanied to any related meeting or proceeding.

- Notification, in writing, of:
- The result of any institutional disciplinary proceeding arising out of your report of sexual assault, sexual or gender-based harassment, dating or domestic violence, and/or stalking.
- The institution's procedures to appeal the outcome.
- Any change to the outcome following an appeal.

For comprehensive information on the university's policies and procedures regarding Title IX and gender discrimination, sexual harassment, and sexual violence visit:

**investigations.uoregon.edu/policies**

### FEDERAL CAMPUS SEXUAL ASSAULT VICTIMS' BILL OF RIGHTS

The Campus Sexual Assault Victims' Bill of Rights requires that colleges and universities in the United States afford students certain basic rights in cases of sexual assault on campus:

- Survivors shall be notified of their options to notify law enforcement.
- Survivors shall be notified of counseling services.
- Survivors shall be notified of options for changing academic and living situations.
- The accuser and accused be given the same opportunity to have an advisor of their choice present during an institutional disciplinary proceeding.
- Both parties be informed of the outcome of any disciplinary proceeding.

Additionally, a (student or employee) victim or survivor of sexual harassment, including sexual assault, dating or domestic violence, gender-based harassment or bullying, and stalking shall be afforded the following rights:

- Victim's or survivor's option to decline to notify authorities.
- Both the accuser and accused are entitled to the same opportunity to have others present at any disciplinary proceeding or related meeting including an advisor of their choice.
- Both parties shall be notified simultaneously of the outcome of any disciplinary hearing, procedures to appeal, any change of results prior to final results, and final results.
- Written notification to victims or survivors about victims' or survivors' rights, options, and assistance the school is required to provide, including the institution's obligation to arrange appropriate interim support for academic, counseling, health services, legal advocacy and assistance filing criminal reports, housing and transportation, financial aid assistance, immigration and visa assistance, help with employment concerns, and various other on-campus and off-campus needs.

- Information regarding how the institution will protect the confidentiality of victims or survivors, including how publicly available record keeping will be accomplished without the inclusion of identifying information about the victim or survivor, to the extent permitted by law.
- Written notification to students and employees about existing resources and services on campus and within the local community, including counseling, medical and mental health services, immigration and visa assistance, employment, financial aid assistance, and legal services.

This bill of rights exists as part of the Jeanne Clery Disclosure of Campus Security Policy and Campus Crime Statistics Act (Clery Act). Under the Clery Act, the university is required to maintain and publish, on an annual basis, a report that includes the number of non-confidential reports received that include allegations of sexual assault, sexual or gender-based harassment, dating or domestic violence, and/or stalking that occur on campus or within the patrol boundaries of the University of Oregon Police Department. The annual report does not include any personally identifiable information concerning any student or employee.

### FILING A COMPLAINT AGAINST THE UNIVERSITY

Students have the right to file a complaint against the university with the U.S. Department of Justice at 1-877-292-3804 and/or the U.S. Department of Education Office for Civil Rights at ocrcas.ed.gov.

The University of Oregon is an equal-opportunity institution committed to cultural diversity and compliance with the Americans with Disabilities Act. ©2026 University of Oregon SL1126

The University of Oregon is deeply committed to diversity and inclusion and affirms and actively promotes the rights of all individuals to equal opportunity in education and employment at this institution. The UO does not tolerate any type of prohibited discrimination in any of its programs or activities, including employment. Further, it is required by Title IX and other applicable laws not to discriminate on the basis of sex. Questions regarding prohibited discrimination, including questions regarding Title IX, may be referred to the University of Oregon's Title IX Coordinator or to the Office of Equal Opportunity and Access. Title IX Coordinator, at 541-346-8136 and titleixcoordinator@uoregon.edu, located at 1776 Millrace, Suite 365, Eugene, OR 97403. U.S. Department of Education, Western Region, Office for Civil Rights, at 206-607-1600 and ocr.seattle@ed.gov.

# University Services for Students

## 24-hour hotline C

**FOR INFORMATION AND SUPPORT**

541-346-SAFE
Call anytime to speak with a counselor who can also connect you with other confidential resources

## Care and Advocacy Program C

Dean of Students front desk (for scheduling): 541-346-3216
safe.uoregon.edu

## Office of Equal Opportunity and Access

1776 Millrace, Suite 365
Eugene, OR 97403
541-346-8136
oeoa@uoregon.edu
investigations.uoregon.edu/title-ix

## Confidential Support

**COUNSELING SERVICES C**

24-hour crisis: 541-346-3227
Office: 541-346-3277

**UNIVERSITY HEALTH SERVICES C**

24-hour crisis: 541-346-2770, then dial "1"
Office: 541-346-2770

**UNIVERSITY OMBUDS OFFICE C**

Office: 541-346-6400

## Identity-Based Confidential Support

The Care and Advocacy Program trains professional staff in most identity-based support offices to offer confidential services. Students deserve to receive support in spaces where they already feel safe and/or connected.

**LGBT EDUCATION AND SUPPORT SERVICES C**

022 Erb Memorial Union
dos.uoregon.edu/lgbt

**LYLLYE REYNOLDS-PARKER BLACK CULTURAL CENTER C**

1870 E. 15th Ave.
dos.uoregon.edu/bcc

**MULTICULTURAL CENTER C**

109 Erb Memorial Union
dos.uoregon.edu/multicultural-center

**VETERAN AND MILITARY-AFFILIATED CENTER C**

015 Erb Memorial Union
dos.uoregon.edu/veterans

**WOMEN'S CENTER C**

012 Erb Memorial Union
dos.uoregon.edu/women

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C Confidential staff is available.

**UNIVERSITY SERVICES FOR STUDENTS**
(Continued from page 9)

## Other Services

**FINANCIAL AID AND SCHOLARSHIPS**

Office: 541-346-3221

**UNIVERSITY OF OREGON POLICE DEPARTMENT**

Emergency: 9-1-1
Non-emergency: 541-346-2919

**DUCK RIDES**

Office: 541-346-7433
Download Duck Rides app in Apple or Google Play Store to request rides

**OFFICE OF STUDENT CONDUCT AND COMMUNITY STANDARDS**

Office: 541-346-1140

**PORTLAND STUDENT LIFE AND BELONGING**

Office: 503-412-3690

## Off-Campus Agencies

**SEXUAL ASSAULT SUPPORT SERVICES (SASS)**

24-hour crisis: 541-343-7277
Office: 541-484-9791

**HOPE AND SAFETY ALLIANCE**

24-hour crisis: 541-485-6513
Office: 541-485-8232

**LANE COUNTY VICTIM SERVICES**

Office: 541-682-4523

**PORTLAND POLICE DEPARTMENT**

Office: 503-823-3333

**MULTNOMAH COUNTY CRISIS LINE**

Office: 503-988-4888

## Reporting Obligations for Employees

**FOR INFORMATION ABOUT THE REPORTING OBLIGATIONS OF UO EMPLOYEES VISIT:**

**investigations.uoregon.edu/employee-responsibilities**

As of fall 2026, most faculty and staff are required to report incidents of harm to the university. Please refer to page 10 for confidential resources that would preserve your choice to report.

*Healing is not linear.*
*Heal with help.*

## 24-HOUR HOTLINE

*for information and support*

**541-346-SAFE**

Call anytime to speak with a counselor who can also connect you with other confidential resources.

**safe.uoregon.edu**

Office of the Dean of Students

Care and Advocacy Program
185 Oregon Hall • 541-346-3216