

UNIVERSITY OF OREGON **Drug-Free Schools and Communities Report 2025**

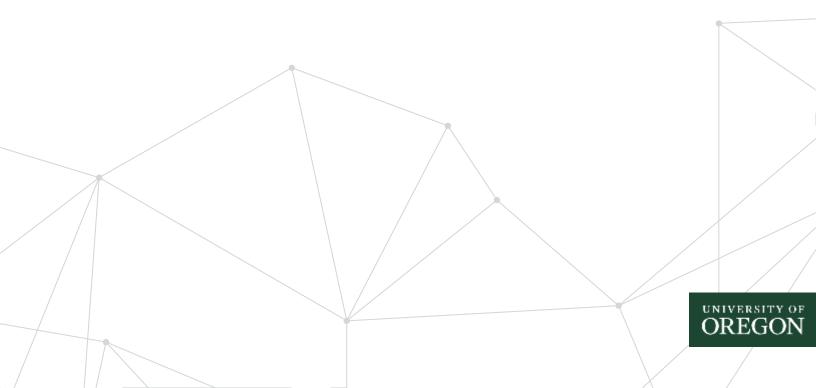


Table of Contents

Contents

Table of Contents	1
Introduction	2
Alcohol and Other Drugs at the UO	3
UO Policies Related to Alcohol and Other Drugs	5
Student Conduct Code	5
Policy Language Regarding Substance Use Misconduct	5
Residence Hall Contract	6
Alcohol Service on Campus	7
Smoke- and Tobacco-free University Error! Bookmark not de	fined
Sanctions Related to Alcohol and Other Drugs	9
City of Eugene Municipal Ordinance Sanctions	6
State of Oregon Sanctions	11
Cannabis and Smoking	12
Federal Sanctions	13
Health Risks Associated with Use and Abuse	15
Tobacco and Nicotine	15
Alcohol	15
Cannabis (Marijuana, Hashish, Hashish Oil, Tetrahydrocannabinol)	15
Inhalants (Nitrous Oxide, Amyl Nitrite, Butyl Nitrite, Chlorohydrocarbons, Hydrocarbons)	15
Cocaine (Crack)	15
Stimulants (Amphetamines, Methamphetamines, Adderall, Ritalin, Crank, Ice)	16
Depressants (Barbiturates, Methaqualone, Tranquilizers)	16
Hallucinogens (Mushrooms, PCP, LSD, Mescaline, Peyote, Psilocybin)	16
Narcotics (Heroin, Methadone, Codeine, Morphine, Meperidine, Opium, Oxycontin)	16
Designer Drugs (Analogs of Fentanyl, Analogs of Meperidine, MDMA, Ecstasy, Analogs of PCP)	16
Anabolic Steroids	16
Campus Safety	17
Annual Security and Fire Safety Report	17
Crime Prevention	17
Options for Students to Report and Receive Help	18
Resources and Assistance	19

Introduction

The Drug-Free Schools and Communities Act Amendments of 1989 require that all institutions of higher education receiving any form of financial assistance provide each student with information regarding drug and alcohol use. This document is provided to all current students in compliance with the act. In previous years, some students have confused this communication with a conduct letter. Again, we are required by law to distribute this to all students.

The University of Oregon cares about students' health, safety, and academic success and has a long-standing commitment to proactively address high-risk drinking and substance use. The illegal use and misuse of alcohol or other drugs by students interferes with the academic learning process and places the safety of individuals and the campus community at risk. Like many universities across the country, our goal is to improve academic success and the quality of student life on campus by increasing healthy lifestyles and reducing the harm associated with alcohol and other drug misuse.

As of January 2025, the Prevention Services Department is part of University Health Services. The departmental website is still transitioning from the Office of the Dean of Students. All links in this document will transition to their new domains.

The Annual Drug-Free Schools and Communities Act is published by the <u>Substance Abuse Prevention and Education</u> <u>within Prevention Services</u> and includes the following information:

- 1. Standards of conduct that clearly prohibit, at a minimum, the unlawful possession, use, or distribution of illicit drugs and alcohol by students and employees.
- 2. A list of applicable legal sanctions under federal, state, or local laws for the unlawful possession or distribution of illicit drugs and alcohol.
- 3. A description of the health risks associated with the abuse of alcohol or use of illicit drugs.
- 4. A list of drug and alcohol programs (counseling, treatment, rehabilitation, and re-entry) that are available to employees and students.
- 5. UO's disciplinary sanctions for students and employees in violation of the standards of conduct.

I strongly encourage you to read the Drug-Free Schools and Community Act document in its entirety. All students are expected to be aware of the information contained in this document. If you have any questions, please contact the Assistant Director of Substance Misuse Prevention in Prevention Services at 541-346-1133.

Alcohol and Other Drugs at the UO

At the University of Oregon, we strive to provide an excellent teaching and learning environment while developing a campus environment that supports healthy choices for living. Included in the choices that confront us all are decisions about the use of alcohol and other substances. The university is concerned about the intellectual, physical, and psychological well-being of all its students and employees. As a result, the university seeks to provide education and resources specific to legal, responsible, and safer substance use. It is the policy of the University of Oregon to prevent our students and employees from injuring themselves through the use and misuse of drugs and alcohol. The university strives to engage all members of its academic community in the fight to prevent drug and alcohol misuse and destigmatize addiction and recovery.

For employees of the university, the University of Oregon Policy Library includes a <u>Fitness for Duty and Drug-Free</u> <u>University</u> policy, establishing the UO as a drug-free workplace. A portion of the policy clarifies this as a condition of employment. To learn more about other employment resources, please see the Office of Human Resources.

This section of the report provides students with important information about drugs, alcohol, and the university's policies regarding these substances. Included is information on the health risks associated with the abuse of alcohol and other drugs, the kinds of help available to those with drug and alcohol related problems, the university's policies related to drug and alcohol use, and the sanctions the institution may impose on those who violate these policies. State and federal laws applicable to the use and abuse of alcohol and other drugs are also presented.

In addition to state and federal laws, the UO has a distinct Student Conduct Code. When a student violates the <u>Student Conduct Code</u>, the university reserves the option of initiating disciplinary action on its own. The university may initiate disciplinary action, referral for civil prosecution, or both in response to violations of the Student Conduct Code. University sanctions are imposed against any student or student organization found responsible for violating the code.

Resources and Support for Students

The <u>Prevention Services</u> unit provides information, services, and support related to <u>drug and alcohol misuse</u> <u>prevention</u> through the Substance Abuse Prevention and Education program (also known as SAPE). The SAPE team is comprised of both professional and student staff aimed at developing prevention and education resources including:

- Required first-year prevention modules offered through Vector Solutions
- Educational workshops developed and led by student peer educators. View the offerings and submit a request here
- Opioid overdose training and naloxone distribution
- Campus wide campaigns
- Screening tools including the <u>Alcohol Use Disorder Inventory Test (AUDIT)</u>, <u>Drug Use Disorder Inventory Test (DUDIT)</u>, and <u>Cannabis Use Disorder Inventory Test (CUDIT)</u>
- Social media education
- Parent Handbook for Talking with College Student About Alcohol

The Collegiate Recovery Center offers peer support services to students in recovery or those wanting to change their relationship with drugs or alcohol. SAMSHA defines recovery as "a process of change through which individuals improve their health and wellness, live a self-directed life, and strive to reach their full potential." The

CRC aims to provide students with the knowledge and skills necessary to navigate this process. Professional staff and students host weekly recovery meetings and groups, provide individual sessions, and refer to outside services when necessary. Located in room 331 of the EMU, the CRC is open on weekdays 10:00 a.m.–4:00 p.m., and

students are encouraged to drop in or <u>book an appointment</u> with staff. To learn more, view the group schedule or book an appointment, visit recovery.uoregon.edu or <u>@uoregoncrc</u> on Instagram.

<u>Counseling Services</u> offers clinical support for students with concerns regarding their substances use. They, along with <u>University Health Services</u> also offer assessment and screening tools to gauge current use.

UO Policies Related to Alcohol and Other Drugs

Student Conduct Code

The following policy language regarding substance use misconduct can be found in the Student Conduct Code.

Alcohol

- I. Possession or consumption of alcohol by those under the legal drinking age.
- II. Furnishing of alcohol to a person under the legal drinking age.
- III. Possession or consumption of alcohol by a person of the legal drinking age in unauthorized areas or furnishing of an alcoholic beverage to any person in unauthorized areas.
- IV. Causing another to ingest alcohol without consent.

Cannabis

- I. Use, possession, or procurement of cannabis except as expressly permitted by both State and Federal law. Per Oregon law, possession of cannabis by someone under the age of 21 includes possession by consumption, permitted the consumption occurred within the past 24 hours.
- II. Furnishing, cultivation, manufacturing, distributing, or selling cannabis except as expressly permitted by both State and Federal law.
- III. Causing another to ingest cannabis without consent.

Other controlled substances

- Use, possession, or procurement of a Controlled Substance except as expressly permitted by both State and Federal law.
- II. Furnishing, cultivation, manufacturing, distributing, or selling of a Controlled Substance, except as expressly permitted by both State and Federal law.
- III. Causing another to ingest a Controlled Substance without consent.

Smoking and tobacco

- I. Smoking and tobacco use, including "vaping," is prohibited on University owned or controlled property by University Policy.
- II. Possession of tobacco products and inhalant delivery systems ("e-cigarettes") by those under 21 years of age on University Premises or at a University Sponsored Activity, is prohibited in accordance with state law. This does not prohibit the use or possession of products that have been approved by the United States Food and Drug Administration for sale as a tobacco cessation product, provided the product is marketed, sold, and used solely for the approved purpose.

Responsible Action Protocol

The university does not condone underage drinking, illegal drug use, or violations of other university policies; however, the safety of our students is of paramount importance, and it is critical that the university create an environment that is conducive to reporting of sexual misconduct and emergency medical issues. Consequently, no student experiencing or reporting sexual misconduct or seeking medical assistance for an alcohol- or other drug-related emergency will be subject to UO student conduct action related to the possession or consumption of alcohol or drugs.

This procedure applies to students who experience sexual misconduct, those who are actively supporting that student, and/or those who call for assistance in a medical emergency. To be eligible for this accommodation, a student must take the initiative to get assistance by notifying the appropriate authorities (e.g. calling 9-1-1, alerting a resident assistant, or connecting with a health provider, counselor, or advocate in the case of sexual misconduct.) In cases of a medical emergency involving drugs or alcohol, the primary concern is the health and safety of the individual(s) involved. Students are strongly encouraged to call for medical assistance (9-1-1) for themselves or for another student whom they observe to be dangerously intoxicated/under the influence of alcohol or drugs. If a student calls on behalf of another student, that student is required to remain with the student experiencing the emergency until medical assistance arrives.

Although there is no limit to the number of referrals a student may give or receive, students should be advised that in consistently putting the student's health and safety first, the university will approach serious or repeated incidents with a higher degree of concern and a higher level of intervention.

This does not preclude conduct proceedings based on third-party reports about behaviors that are contrary to university policy, including the Student Conduct Code.

Jurisdictional Boundaries

- 1. The Director of <u>Student Conduct and Community Standards</u> develops procedures for the administration of the student conduct system.
- 2. Allegations of misconduct may be reported to the Director at any time, whether or not the Respondent is currently enrolled or registered. The Director has the authority to determine whether or not the allegation merits further response, including referral to the University student conduct system.
- 3. The Student Conduct Code applies to each Student for behavior that occurs from the time of admission, registration, or enrollment (whichever occurs first) through the actual awarding of a degree or complete withdrawal as defined by the University, regardless of when the behavior is reported.
 - a. It applies to behavior that occurs during periods of suspension from the University.
 - b. It applies even if the Respondent subsequently withdraws from the University.
 - c. It applies to behavior that occurs between periods of enrollment unless the Respondent completely withdraws before the deadline to register for the next term. For Students enrolled in the spring term, jurisdiction is maintained until the deadline to register for the fall term.
- 4. The Student Conduct Code applies to all activities on University Premises and during any University Sponsored Activity regardless of location. The University may apply the Student Conduct Code to Student behavior which occurs off-campus in which the University can demonstrate a clear and distinct interest as an academic institution regardless of where the conduct occurs and
 - a. Which causes substantial disruption to the University community or any of its members,
 - b. Which involves academic work or any University records, documents, or identifications, or
 - c. Which seriously threatens the health or safety of any person.
- 5. Proceedings under the Student Conduct Code are separate from civil or criminal proceedings and may, at the discretion of the Director, be carried out prior to, simultaneously with, or following civil or criminal proceedings.
- 6. Allegations of misconduct by Student Organizations will be managed using the same process (Section V. Resolution Process) as Individual Students.

Residence Hall Contract

In addition to the behavior prohibited by the Student Code of Conduct and other University Policies, the following are prohibited and apply to residents and their guests.

Alcohol

- Residents under the age of 21 are prohibited from consuming or possessing alcohol.
- Residents under the age of 21 are prohibited from knowingly being in the presence of alcohol. Willful ignorance of the presence of alcohol will be treated as knowing of the presence of alcohol.
 - The only exception is when the minor's roommate is at least 21 years of age and the roommate possesses or consumes alcohol within their shared room.
- Consuming alcohol in the presence of minors is prohibited.
 - The only exception is when the minor's roommate is at least 21 years of age and consuming in their shared room.
- Empty containers may indicate possession

- All residents of any age are prohibited from possessing, consuming, being in the presence of, or furnishing
 alcoholic beverages in all areas of Wellness Communities and Substance-Free Communities (this includes
 residents' rooms in Wellness Communities and Substance-Free Communities).
- Possession or use of rapid-consumption devices, including but not limited to: funnels/beer bongs, ice luges, etc. are prohibited.
- Group drinking activities (including but not limited to beer or water pong, flip cup, "Kings," etc.) are
 prohibited. Consuming alcohol with five or more people in a room is also considered a group drinking
 activity.

Cannabis

- Possession, distribution, and/or consumption of cannabis and/or cannabis-derived products is strictly prohibited (including CBD products), regardless of age or medical cardholder status.
 - Cannabis derived products include, but are not limited to CBD products, dabs, oils, edibles, etc.
- Use or possession of cannabis paraphernalia is prohibited.
 - Cannabis paraphernalia includes, but is not limited to: bongs, pipes, vaporizers, and any other devices intended to facilitate the consumption of cannabis.
- Any cannabis paraphernalia will be confiscated.

Drugs

- Illegal use, possession, or furnishing of any controlled substance, including cannabis and cannabis-derived products is prohibited.
- Possession or use of drug paraphernalia is prohibited.
 - Drug paraphernalia includes, but is not limited to: bongs, pipes, vaporizers, dabs, oils, and other devices intended to be used to facilitate the consumption of illegal drugs.
- Knowingly being in the presence of illegal drugs or paraphernalia is prohibited. Willful ignorance of the presence of illegal drugs or paraphernalia will be treated as knowing of their presence.
- Any drug paraphernalia will be confiscated.

Smoking and Tobacco

- The UO campus is tobacco and smoke free. This includes the use of e-cigarettes, hookahs, and vaporizers.
 Although smoking is not permitted anywhere on campus, smokers, if over the age of 21, may return to campus after having smoked.
- Smoking in a residence hall is expressly prohibited.
- Residents are prohibited from consuming or possessing tobacco or nicotine products in the Residence Halls, with the exception of FDA-approved smoking cessation products.
- For more information, please see University of Oregon's Smoking and Tobacco-Free University Policy.

Alcohol Service on Campus

A <u>Request for Permission to Serve Alcoholic Beverages form</u> must be submitted whenever event organizers plan to serve alcoholic beverages at events held on University of Oregon property. Alcohol service must always be accompanied by appropriate food service, per Oregon Liquor Control Commission <u>guidelines</u>. Providing tastings of alcohol is considered alcohol service; therefore, the food requirements must be met.

Self-serve alcohol is seldom approved for official UO sponsored events. If you would like your event to include alcohol, the first thing you need to consider is that the event will need to be catered, either by University Catering or another caterer that can provide proof of adequate levels of liquor liability insurance and OLCC licensed servers. Also, if an outside caterer is used be sure to complete the <u>Catering Waiver Form</u> for approval.

The procedures for hosting events with alcohol are listed on the <u>Office of Risk Management website</u>. Additional University of Oregon alcohol policies are listed here.

Smoke- and Tobacco-Free University

The University of Oregon is tobacco free and offers students, and faculty and staff cessation assistance. The university was the first in the previous PAC-12 to make this commitment to public health. Smoking and tobacco use is prohibited on all property owned or controlled by the university. Contact the following for more information. Assistant Director for Substance Misuse Prevention

University Health Services 541-346-2770

Student Cessation

- <u>Nicotine Replacement Therapy (NRT)</u> is available for students through University Health Services. Please go to our website and follow the instructions.
- Nicotine Replacement Therapy is often available through individual insurance plans. Students should check with their insurance for cessation information and resources.
- The quit line (1-800-QUIT-NOW) can provide one free box of gum or patch after a cessation consultation and quit-plan formation.
- UO offers smoking cessation programs for students and employees who want to quit and an employee assistance program for employees who need a venue to explore solutions and receive emotional support.

Cannabis-Free University

On July 1, 2015, Oregon state law decriminalized the limited recreational possession and use of cannabis and other forms. However, using, distributing, or possessing cannabis in any form remains a crime under federal law, and is not allowed at the University of Oregon, including on university property or as part of university-sponsored activities.

While the colloquial term, "marijuana" is largely used in state and federal policy and law, we want you to know that ongoing education, marketing, student conduct, and policies at the University of Oregon will use cannabis as it is the more accurate term, which encompasses the parts, products, and derivatives of the cannabis plant. We also recognize that the term "marijuana" has racist and oppressive roots which the University works to educate the community on this history and use terminology that does not perpetuate harm. Throughout this document, you will see the use of both terms as we provide pre-determined language from local, state, and federal policy and laws.

At the federal level, the <u>Controlled Substances Act</u> states that the growing and use of cannabis is a crime and federal enforcement agencies can prosecute users and growers of cannabis, regardless of state law. In addition to being a federal offense, the use of cannabis in the workplace and on campus is restricted by additional federal laws, such as the federal Safe and Drug-Free Schools and Communities Act and the Drug-Free Workplace Act.

The University of Oregon's receipt of federal funds—including funding for student financial assistance and federal grants and contracts for research—requires that UO continue to prohibit the use and possession of marijuana and other illegal drugs, as defined by federal law, on all university properties or as part of university activities.

These federal laws require UO to prohibit the use and possession of cannabis on campus, irrespective of state law. Consequently, such activity will remain prohibited by UO policy and the UO Student Conduct Code. Disciplinary sanctions may be imposed on any student or employee found to be in violation of the policies related to cannabis:

- Student Conduct Code
- Drug-Free Workplace Policy

Sanctions Related to Alcohol and Other Drugs

City of Eugene Municipal Ordinance Sanctions

Alcohol

Minor in Possession (MIP)

• No person under the age of 21 shall attempt to purchase, acquire or have in their possession any alcoholic beverages. No minor shall have in his or her system any alcoholic beverages except for the acceptance or consumption of sacramental wine as part of a religious rite, service or provided by the person's parent or guardian. No person under the age of 21 shall possess any alcoholic beverage while operating a motor vehicle (ECC § 4.115(1)- (2), ORS § 471.430).

o Offense: Class A/B Violation

o Fine: Up to \$2,000

Minor Falsely Representing Age

• A person less than a specific age who knowingly purports to be of any age other than the true age of the person with the intent of securing a right, benefit, or privilege which by law is denied under that certain age (ECC § 4.145, ORS § 165.805).

o Offense: Class C Misdemeanor

o Fine: Up to \$1,250

Furnishing Alcohol to a Minor

• No one other than the person's parent or guardian shall sell, give or otherwise make available any alcoholic liquor to a person under the age of 21 years (ECC § 4.110(1)(2), ORS § 471.410).

o Offense: Class A Misdemeanor

o Fine: Up to \$6,250

Allowing Alcohol Consumption by Minors

No person who exercises control of private real property shall knowingly allow any person under the age
of 21 years to drink alcohol on the property or remain on the property after consuming any alcoholic
beverage (ECC § 4.110(3), ORS § 471.410(3)).

• Offense: Class A Violation/Specific Fine Violation

Fine: Up to \$1,000

Open Container/Consumption in Public

Consumption of alcoholic liquor or possession of an open alcoholic beverage container is prohibited in a
public place and on private property extended to the public for use, unless authorized by the Oregon
Liquor Control Commission or other City Code provisions (ECC § 4.190).

o Offense: Class C Misdemeanor

Fine: Up to \$500

Driving Under the Influence of Intoxicants (DUII)

 A person may not drive a vehicle while the person has a 0.08 percent blood alcohol content or more, or while under the influence of intoxicating liquor, cannabis, a controlled substance or an inhalant or any combination thereof (ORS § 813.010).

Offense: Class A Misdemeanor/Class C Felony

Fine: Up to \$125,000

Use of Marijuana in Public Place

No person shall engage in the use of marijuana items in a public place (ORS § 475B.381).

Offense: Class B Violation

• Fine: Up to \$1,000

Homegrown Marijuana in Public View

 No person may produce, process, possess or store homegrown marijuana, cannabinoid products or cannabinoid concentrates if the homegrown marijuana, cannabinoid products or cannabinoid concentrates can be seen by normal unaided vision from a public place. No person may not possess or store a cannabinoid extract if the cannabinoid extract can be seen by normal unaided vision from a public place (ECC § 4.242, ORS § 475B.306).

o Offense: Class B Violation

Fine: Up to \$1,000

Minor in Possession of Marijuana

• A person under 21 years of age may not possess, attempt to purchase, or purchase a marijuana item. For purposes of this section, purchasing a marijuana item includes accepting a marijuana item, and possessing a marijuana item includes consuming a marijuana item (ORS §§ 475B.316, 475B.341).

Offense: Class A/B Violation/Class A Misdemeanor/Class C Felony (amount dependent)

Fine: Up to \$125,000

Unlawful Possession of Marijuana

• Except for licensees and licensee representatives, it is unlawful for any person 21 years of age or older to possess, knowingly or intentionally: (a) more than four marijuana plants at any time; (b) more than one ounce of usable marijuana in a public place; (c) more than eight ounces of usable marijuana; (d) more than 16 ounces of cannabinoid products in solid form or cannabinoid concentrates; (e) more than 72 ounces of cannabinoid products in liquid form; (f) more than one ounce of cannabinoid extracts; or (g) a cannabinoid extract that was not purchased from a marijuana retailer that holds a state issued license (ORS § 475B.337).

 Offense: Class A Misdemeanor/Class B Violation/Class B Misdemeanor/Class C Felony (amount dependent)

o Fine: Up to \$125,000

Use of Marijuana in a Motor Vehicle

• A person commits the offense of use of marijuana in a motor vehicle if the person consumes in any manner a marijuana item while in a motor vehicle when the motor vehicle is upon a highway (ORS § 811.482).

o Offense: Class B Traffic Violation

Fine: Up to \$1,000

Providing Marijuana to Intoxicated Person

• (1) A person may not sell, give or otherwise make available any marijuana items to any person who is visibly intoxicated. (2) A person who exercises control over private real property may not knowingly allow any other person under the age of 21 years of age to consume a marijuana item on the property, or allow another person under the age of 21 years of age to remain on the property if the person under 21 years of age consumes a marijuana item on the property (ORS § 475B.329).

o Offense: Class A Misdemeanor

o Fine: Up to \$6,250

Other Common Citations

Giving False Information to a Police Officer for a Citation (Jailable)

- Knowingly using or giving a false name, address, or date of birth, for the purposes of the officer issuing or serving a citation.
- Fine: \$2,500 and/or 100 days in jail, or both.
- Offense: Crime—ECC 4.906

Interfering with a Police Officer (Jailable)

- Knowing that another person is a police officer and intentionally acting in a manner that prevents or
 attempts to prevent a police officer from performing their lawful duties with regard to another person, or
 the refusing to obey a lawful order by the police officer.
- Fine: \$5,000 and/or one year in jail, or both.
- Offense: Crime—ECC 4.907

False Swearing (Jailable)

- Making a false sworn statement and knowing it to be false.
- Fine: \$2,500 and/or 100 days in jail, or both
- Offense: Crime—ECC 4.908

Prohibited Noise (Jailable)

- Noise disturbances are those sounds which annoy or disturb a reasonable person of normal sensitivities, endanger or injure property, or endanger or injure the safety or health of a person. This includes, but is not limited to, the use of musical equipment, such as an amplifier or musical instrument, where the resulting noise is audible fifty feet or more from the device.
- Fine: up to \$500 up to \$1,500 for failure to cease within 30 minutes after notice or citation or for a similar noise disturbance within 6 months of receiving a citation
- Offense: Crime—ECC 4.080 and ECC 4.083

State of Oregon Sanctions

Classifications, Maximum Fines and Penalties

Violation

An offense is a violation if any of the following apply:

- The offense is designated as a violation in the statute defining the offense.
- The statute prescribing the penalty for the offense provides that the offense is punishable by a fine, but does not provide that the offense is punishable by a term of imprisonment. The statute may provide for punishment in addition to a fine as long as the punishment does not include a term of imprisonment.
- The offense is created by an ordinance of a county, city, district, or other political subdivision of this state with authority to create offenses, and the ordinance provides that violation of the ordinance is punishable by a fine but does not provide that the offense is punishable by a term of imprisonment.

ORS 161.566, 161.568

The penalty for committing a violation is a fine. The law creating a violation may impose other penalties in addition to a fine but may not impose a term of imprisonment. Violations are classified for the purpose of sentencing into the following categories:

- Class A violations: up to \$2,000
- Class B violations: up to \$1,000
- Class C violations: up to \$500
- Class D violations: up to \$250
- Unclassified violations
- Specific fine violations

Misdemeanor

A person convicted of the crime of a misdemeanor as designated in any statute of this state may be sentenced to a maximum term of imprisonment of not more than one year. There may also be crime- specific penalties provided in the statute defining the crime.

- Class A misdemeanor: up to one year and \$6,250, or twice the value of resulting gain of property or money
- Class B misdemeanor: up to 6 months and \$2,500, or twice the value of resulting gain of property or money
- Class C misdemeanor: up to 30 days and \$1,250, or twice the value of resulting gain of property or money
- Unclassified misdemeanors

ORS 161.545, 161.635, 161.615

Felony

A person convicted of the crime of a felony as designated in any statute of this state may be sentenced to a maximum term of imprisonment of more than a year. There may also be crime-specific penalties provided in the statute defining the crime.

- Class A felony: up to 20 years and \$375,000, or twice the value of resulting gain of property or money
- Class B felony: up to 10 years and \$250,000, or twice the value of resulting gain of property or money
- Class C felony: up to five years and \$125,000, or twice the value of resulting gain of property or money
- Unclassified felonies

ORS 161.525, 161.625, 161.605

Cannabis and Smoking

Smoking

- Under <u>Oregon's Indoor Clean Air Act</u>, smoking is prohibited in public places and workplaces. Public places means any enclosed area open to the public. Place of employment means an enclosed area that is under the control of a public or private employer and that employees frequent during employment.
- Smoking is not allowed within 10 feet of building entrances, exits, windows, and air intake vents.
- As of January 1, 2016, Oregonians may not use e-cigarettes and other inhalant delivery systems in workplaces, restaurant bars, and other indoor public places.
- As of January 1, 2018, Oregonians may not purchase or use tobacco products, inhalant delivery systems, and tobacco product devices under the age of 21.
- Employees and the public may report violations of the law by calling 1-866-621-6107.
- Penalty: fine of \$500 per day for each violation—ORS 433.835-87

Cannabis

- Unlawful manufacture of cannabis
 - > 8 plants: class C felony
 - > 4 plants: class B misdemeanor
- Any plants grown by persons under age 21: class C felony
- Unlawful delivery of cannabis
 - > 1 oz: class A misdemeanor
 - < 1 oz: class A violation
 - delivery within 1000 feet of a school: class A felony
 - delivery of any amount to a person under 18 by a person at least 21: class C felony

Illicit Drugs

In Oregon, penalties for possession and distribution are determined by the Controlled Substance Schedule upon which the drug appears (ORS 475.035).

It is a class A felony for a person to manufacture or deliver a schedule I, II, or III controlled substance within 1,000 feet of the real property comprising a public or private elementary, vocational, or secondary school attended by minors. In addition, the court may order the defendant to pay the cost of prosecution, and the defendant's vehicle used in the crime may be forfeited to the state. Finally, the defendant may forfeit any property used in the crime to the county in which the crime occurred.

Examples from the drug schedules appear below. Most drugs appear on the same federal and state schedule.

Controlled Substance Schedule I-V Drugs

Schedule I Drugs: Heroin, LSD, Ecstasy, Peyote, Mescaline, Psilocybin

Manufacture or distribution—Class A felony

Unlawful possession—Class A misdemeanor or Class E Violation for smaller amounts

<u>Schedule II Drugs:</u> Opium, Cocaine, Methamphetamine, Amphetamine, Methadone, Morphine, Oxycodone, PCP, Marijuana

Manufacture or distribution—Class B felony

Unlawful possession—Class A misdemeanor or Class E Violation for smaller amounts

<u>Schedule III Drugs:</u> Depressants, Vicodin, Anabolic Steroids, Codeine, Testosterone

Manufacture or distribution—Class C felony

Unlawful possession—Class A misdemeanor or Class E Violation for smaller amounts

Schedule IV Drugs: Valium, Xanax, Phenobarbital

Manufacture or distribution—Class B misdemeanor

Unlawful possession—Class E violation

<u>Schedule V Drugs:</u> Other less dangerous prescription drugs and small amounts of certain drugs (Robitussin A-C, Cophene-S, Parepectolin, Phenergan with Codeine)

Manufacture or distribution—Class C misdemeanor

Unlawful possession—Violation (up to \$2,000)

Federal Sanctions

The federal system establishes sanctions for possession and distribution of controlled substances, based on the schedule of the drug and the amount involved. In addition, the statutory sanctions for possession and distribution are subject to the "Sentencing Guidelines for U.S. Courts." Imposition of the guidelines may lead to higher offense levels and stricter penalties than otherwise indicated. Courts must make adjustments in the offense level for victim-related considerations, defendant's role in the offense, multiple counts, obstruction, and acceptance of responsibility. Finally, the guidelines establish sentences for each offense based on the defendant's criminal history. Federal penal sanctions range from: manufacture, distribution or trafficking of large amounts of heroin, cocaine, PCP, methamphetamine, schedule I and II hallucinogens, marijuana, hashish, or any of their derivatives (30 years to life, regardless of the defendant's criminal history) to possession of any schedule III-V drug if defendant has the lowest level or criminal history (0–4 months).

Further, if serious injury or death results from the crime, minimums of up to 10 years (serious injury) and 20 years (death), plus fines of up to \$4,000,000 may be added. These penalties may be doubled for defendants with past felony drug convictions. Finally, penal sanctions in the federal system are "real time," with reductions in sentences only for good behavior.

Besides the criminal sanctions, the consequences of unlawful or irresponsible alcohol or drug use include, but are not limited to:

- 1. Restrictions on future employment opportunities.
- 2. The loss of federal financial aid (mandatory for drug offenses)
- 3. Potential risks for injury, including permanent disability
- 4. The risk of being a victim of a crime and/or committing additional crime(s)
- 5. The loss of driving privileges
- 6. Additional sanctions on your educational record and future educational opportunities

The following are federal penalties and sanctions for Illegal Possession of a Controlled Substance. Additional penalties are imposed for trafficking.

- 21 U.S.C. 844—First conviction: up to one-year imprisonment and fined at least \$1,000, or both.
 - After first prior drug convictions: at least 15 days in prison, not to exceed two years and fined at least \$2,500, or both.
 - After two or more prior drug convictions: at least 90 days in prison, not to exceed three years and fined at least \$5,000.
- 21 U.S.C. 953(a) (2) and 881 (a)(7)—Forfeiture of personal and real property used to possess or to facilitate possession of a controlled substance if that offense is punishable by more than one-year imprisonment.
- 21 U.S.C. 881(a)(4)—Forfeiture of vehicles, boats, aircraft, or any other conveyance used to transport or conceal a controlled substance.
- 21 U.S.C. 844(a)—Civil fine of up to \$10,000.
- 21 U.S.C. 853(a)—Denial of federal benefits, such as student loans, grants, contracts, and professional and commercial licenses, up to one year for first offense, up to five years for second or subsequent offenses.
- 19 U.S.C. 922(g)—Ineligible to receive or purchase a firearm.
- *Misc.*—Revocation of certain federal licenses and benefits (e.g., pilot license, public housing, etc.) is vested within the authorities of individual federal agencies.

Health Risks Associated with Use and Abuse

Tobacco and Nicotine

The Surgeon General has confirmed that tobacco use is the number one cause of preventable death in the United States. Smokers are more likely than nonsmokers to contract heart disease. Lung, larynx, esophageal, bladder, pancreatic, and kidney cancers also strike smokers at increased rates. Thirty percent of cancer deaths are linked to smoking. Chronic obstructive lung diseases, such as emphysema and chronic bronchitis, are 10 times more likely to occur among smokers than among nonsmokers. Smoking during pregnancy also poses risks, such as spontaneous abortion, preterm birth, and low birth weights. Fetal and infant deaths are more likely to occur when the pregnant person is a smoker. Nicotine is both psychologically and physically addictive.

<u>Alcoho</u>l

Low doses significantly impair the judgment and coordination needed to operate vehicles. Small amounts can also lower inhibitions. Moderate to high doses cause marked impairments in higher mental functions, and loss of memory and the ability to learn and remember information. High doses cause respiratory depression and death. Long-term consumption, particularly when combined with poor nutrition, can also lead to dependence and permanent damage to vital organs such as the brain and the liver. If combined with other depressants of the central nervous system, much lower doses of alcohol will produce the effects just described. People who drink alcohol during pregnancy may give birth to infants with fetal alcohol syndrome; these infants have irreversible physical impairments and intellectual disabilities.

Cannabis (Marijuana, Hashish, Hashish Oil, Tetrahydrocannabinol)

Physical effects of cannabis include increased heart rate, bloodshot eyes, dry mouth and throat, and increased appetite. Use of cannabis may impair or reduce short-term memory and comprehension, alter sense of time, reduce ability to perform tasks requiring concentration and coordination, and impair driving ability. Motivation and cognition may be altered, making the acquisition of new information difficult. Marijuana, hashish, THC, etc. can also produce paranoia and psychosis. Long term use may result in possible lung damage, reduced sperm count and sperm motility and may affect ovulation cycles. Cannabis can also be psychologically addictive.

Inhalants (Nitrous Oxide, Amyl Nitrite, Butyl Nitrite, Chlorohydrocarbons, Hydrocarbons)

Immediate effects of inhalants include nausea, sneezing, coughing, nosebleeds, fatigue, lack of coordination, and loss of appetite. Solvents and aerosol sprays also decrease the heart and respiratory rates and impair judgment. Amyl and butyl nitrite cause rapid pulse, headaches, and involuntary passing of urine and feces. Long-term use may result in hepatitis or brain damage. Deeply inhaling vapors, or using large amounts over a short time, may result in disorientation, violent behavior, unconsciousness, or death. High concentrations of inhalants can cause suffocation by displacing oxygen in lungs. Long-term use can cause weight loss, fatigue, electrolyte imbalance, muscle fatigue, and permanent damage to the nervous system.

Cocaine (Crack)

Cocaine stimulates the central nervous system. Its immediate effects include dilated pupils and elevated blood pressure, heart rate, respiratory rate, and body temperature. Occasional use can cause nasal irritation: chronic use can ulcerate the mucous membrane of the nose. Crack or freebase rock is extremely addictive. Physical effects include dilated pupils, increased pulse rate, elevated blood pressure, insomnia, loss of appetite, tactile hallucinations, paranoia, and seizures. The use of cocaine can cause death by cardiac arrest or respiratory failure.

Stimulants (Amphetamines, Methamphetamines, Adderall, Ritalin, Crank, Ice)

Stimulants cause increased heart and respiratory rates, elevated blood pressure, dilated pupils, and decreased appetite. Users may experience sweating, headache, blurred vision, dizziness, sleeplessness, and anxiety. Extremely high doses can cause rapid or irregular heartbeat, tremors, loss of coordination, and physical collapse. Amphetamine injection creates a sudden increase in blood pressure that can result in stroke, very high fever, or heart failure. In addition to physical effects, feelings of restlessness, anxiety, and moodiness can result. Use of large amounts over a long period of time can cause amphetamine psychosis that includes hallucinations, delusions, and paranoia. The use of amphetamines can cause physical and psychological dependence.

Depressants (Barbiturates, Methaqualone, Tranquilizers)

Small amounts can produce calmness and relaxed muscles, but somewhat larger doses can cause slurred speech, staggering gait, and altered perception. Large doses can cause respiratory depression, coma, and death. Combination of depressants and alcohol can multiply effects of the drugs, thereby multiplying risks. Babies born to people who abuse depressants during pregnancy may be physically dependent on the drugs and show withdrawal symptoms shortly after birth. Birth defects and behavioral problems may also result. The use of depressants can cause both physical and psychological dependence.

Hallucinogens (Mushrooms, PCP, LSD, Mescaline, Peyote, Psilocybin)

Phencyclidine (PCP) interrupts the functions of the neocortex, the section of the brain that controls intellect and instinct. PCP blocks pain receptors, and users can have violent PCP episodes resulting in self-inflicted injuries. Lysergic acid diethylamide (LSD), mescaline, and psilocybin cause illusions and hallucinations. The physical effects may include dilated pupils, elevated body temperature, increased heart rate and blood pressure, loss of appetite, sleeplessness, and tremors.

Narcotics (Heroin, Methadone, Codeine, Morphine, Meperidine, Opium, Oxycontin)

Narcotics initially produce a feeling of euphoria that often is followed by drowsiness, nausea, and vomiting. Users may experience constricted pupils, watery eyes and itching. Overdoses may produce respiratory depression, clammy skin, convulsions, coma, and death. Addiction in pregnant people can lead to premature, stillborn, or addicted infants who experience severe withdrawal symptoms. Use of narcotics can cause physical and psychological dependence.

Designer Drugs (Analogs of Fentanyl, Analogs of Meperidine, MDMA, Ecstasy, Analogs of PCP)

Many "designer drugs" are related to amphetamines and depressants and have mild stimulant and depressant properties. Use can produce severe neurochemical damage to the brain. Narcotic analogs can cause symptoms such as those seen in Parkinson's disease: uncontrollable tremors, drooling, impaired speech, paralysis, and irreversible brain damage. Analogs of amphetamines and methamphetamines cause nausea, blurred vision, chills or sweating, and faintness. Psychological effects include anxiety, depression, and paranoia. Analogs of PCP cause illusions, hallucinations, and impaired perception.

Anabolic Steroids

Steroid users subject themselves to more than 70 side effects, ranging in severity from acne to liver cancer, including psychological as well as physical reactions. The liver and cardio-vascular and reproductive systems are most seriously affected by use. In males, use can cause withered testicles, sterility, and impotence. In female bodies, irreversible masculine traits can develop along with breast reduction and sterility. Psychological effects in all genders include very aggressive behavior, known as "roid rage," and depression. While some side effects appear quickly, others, such as heart attacks and strokes, may not show up for years.

Campus Safety

The Annual Security and Fire Safety Report details important efforts to provide for, enhance, and prepare for the safety needs of the community. The following report meets federal requirements for annual reporting of incidents on campus, including the Higher Education Opportunity Act of 2008 related to the Jeanne Clery Act, emergency notification and fire safety reporting.

The purpose of the Clery Act is to provide students, families and employees with accurate, complete and timely information about campus safety so that they can make informed decisions. The <u>University of Oregon Police Department (UOPD)</u> publishes this <u>Annual Campus Security and Fire Safety Report</u> in compliance with the Clery Act, and offers it as a resource guide, directing the reader to campus safety services and advising on crime prevention strategies.

The Annual Security and Fire Safety Report is prepared with data and information provided by the <u>University of Oregon Police Department</u>, the <u>Office of the Dean of Students</u>, the <u>Office of Safety and Risk Services</u>, campus security authorities and various law enforcement agencies who provide services to UO properties within their jurisdiction. The report summarizes university and campus safety programs and policies and procedures designed to enhance your personal safety while you are here at the University of Oregon.

Divided into sections, the report provides information about campus security, emergency management and fire safety. The university takes a collaborative approach to public safety response and preparation and encourages current and prospective members of the university community to review this valuable resource. This report also includes institutional policies concerning campus security, such as the policies concerning alcohol and drug use, crime prevention, the reporting of crimes, sexual assault, and other matters. The UO Police Department also features additional campus crime information on their website.

Annual Security and Fire Safety Report

<u>This report</u> includes statistics for the previous three years concerning reported campus crimes that occurred on campus; in certain off-campus buildings or property owned or controlled by the University of Oregon; and on public property within or immediately adjacent to and accessible from the campus. The report also includes institutional policies concerning campus security such as policies regarding alcohol and drug use, crime prevention, the reporting of crimes, sexual assault, and other matters.

You can obtain a copy of this report by accessing the above website, by contacting the <u>University of Oregon Police</u> <u>Department</u> at <u>police@uoregon.edu</u> or by mailing a request to 2141 East 15th Avenue, Eugene OR 97403.

Crime Prevention

Crime prevention programs on personal safety and theft prevention are sponsored by various campus organizations. Throughout the year, UOPD personnel facilitate safety programs for students, parents and faculty, along with student organizations and community organizations. Some of these initiatives include safety awareness orientations, providing safety awareness brochures, safety presentations, safety booths and site safety review surveys. To enhance personal safety, especially after an evening class, walk with a friend or someone from class you know well. During evening or early morning hours, our UO police officers may be able to offer you an escort from on-campus locations, if you feel threatened or unsafe walking across campus. Call 541-346-2919 for information and availability.

The <u>Duck Rides</u> program also provides a safe and accessible alternative to traveling alone at night. The program operates every night and hours of operation can range between 6:00 p.m. to midnight, depending on the term. It is a free service open to UO students, faculty, and staff. Students may call 541-346-7433.

Emergency telephones are available throughout campus and are featured on various maps, including the <u>Parking</u> and Transportation Map and the Campus at Night Map.

Options for Students to Report and Receive Help

Students who have experienced sexual harassment, including sexual assault, dating or domestic violence, gender-based harassment or bullying, and stalking have options to report and receive help from a variety of sources, including the <u>university</u>, <u>campus and local law enforcement</u>, and <u>community agencies</u>. For those who are <u>unsure of</u> what to do, we have staff who will review all available options so students can decide how they want to proceed.

- Students can report and receive help from the university and/or law enforcement.
- Students can receive confidential support on campus and/or help from community services.
- Students can make an anonymous report to the university.
- Students can have evidence collected to use at a later time.

The University of Oregon is committed to providing a comprehensive and integrated response to students who have experienced any form of sexual harassment. Our goal is to ensure that all students who report to the university are met with a caring and compassionate response and are provided with access to all available resources necessary to continue their academic program. More information about reporting can be found on the University of Oregon SAFE website.

Questions regarding Title IX may be referred to the Title IX Coordinator within the University of Oregon's Office of Investigations and Civil Rights or to the Office of Civil Rights.

Office for Civil Rights
US Department of Education, Western Region
206-607-1600
ocr.seattle@ed.gov

<u>Title IX Coordinator</u>
UO Office of Investigations and Civil Rights Compliance
541-346-3123
<u>oicrc@uoregon.edu</u>

Resources and Assistance

Assistance is available on campus for students concerned about their use of drugs or alcohol, or the use of these substances by friends or family.

<u>Substance Abuse Prevention Education</u> (541-346-3216)

Located on the first floor of Oregon Hall in the Office of the Dean of Students, Suite 185 Substance Abuse Prevention proactively addresses alcohol and other drug use, misuse, and abuse, and coordinates and makes recommendations in developing an overall vision, short term/ long term goals and objectives for the campus regarding substance abuse prevention and education. Substance abuse prevention programs and services are evidenced-based, comprehensive, and coordinated with campus and community partners.

University of Oregon Collegiate Recovery Center (541-346-2117)

The Collegiate Recovery Center (CRC) on the University of Oregon campus supports students pursuing recovery from drug and alcohol concerns. Through individual meetings, support groups, sober events and drop-in hours, the center serves as a hub for recovery on campus. To book an appointment please use this link on the website or drop-in to EMU 331.

Care and Advocacy Program (541-346-3216)

The Care and Advocacy Program is a program within the Office of the Dean of Students that provides a comprehensive and integrated response to students who have experienced any form of sexual harassment or violence, including sexual assault, domestic and dating violence, and stalking or gender-based bullying. At a student's request, the university can provide supportive measures including the following: making safety plans, offering academic support to decrease the likelihood that the experience impacts student status, providing resources to address any visa or immigration assistance, connecting with off-campus resources, providing financial support, and referring to resources for support with legal remedies like protection orders. Many of these supportive measures, and the others referenced on the University of Oregon SAFE website, are available whether or not one chooses to report to law enforcement. The Care and Advocacy Program in the Office of the Dean of Students is a good place to start to explore supportive measures. Additionally, the Care and Advocacy Program staff are available by phone 24 hours a day, seven days a week for students impacted by any form of sexual harassment or violence at their hotline: 541-346-SAFE. More information about reporting incidents of sexual harassment and sexual assault can be found on the University of Oregon SAFE website.

University Counseling Services (541-346-3227)

Located on the second floor of the Health Services Building, University Counseling Services (UCS) provide short term assessment, and both consultative and supportive therapy services to university students navigating substance use and misuse. UCS provides holistic support services and community building opportunities for students in recovery from substance use disorders. All UCS alcohol and other drug services use a non-judgmental, harm-reduction, and motivational enhancement approach. When appropriate, UCS will help students make value-oriented goals regarding substance use and plan for success in enacting those goals. UCS also has a case manager on staff to assist with community referrals as needed. More details about the specific alcohol and drug services provided through UCS can be found on the University Counseling Services website.

University Health Services (541-346-2770)

Located on the first floor of the Health Services Building, University Health Services (UHS) provide exceptional, culturally competent health services and public health leadership to enhance personal success and optimize health and wellness for a diverse campus community. In addition to a board-certified primary care team, UHS staff includes a variety of specialties encompassing mental health, various therapies, and health promotion. UHS also provides a tobacco cessation program.

National Drug Information Treatment and Referral Hotline (1-800-662-HELP)

The U.S. Department of Health and Human Services (HHS) Substance Abuse and Mental Health Services Administration's toll-free telephone number for alcohol and drug information and treatment referral assistance. When you call the toll-free number, you can speak to a representative concerning substance abuse treatment, request printed materials on alcohol or drugs, or learn more about local substance abuse treatment referral information in your state.

Oregon Department of Human Services Mental Health and Addiction Services (503-945-5763)

The Department's mission is to assist Oregonians and their families to become independent, healthy and safe by:

- Promoting resilience and recovery through culturally competent, integrated, evidence-based treatments of addictions, pathological gambling, mental illness and emotional disorders.
- Prevention and reducing the negative effects of alcohol, other drugs, gambling addiction, and mental health disorders.

OMHAS works with community partners to plan, deliver services and increase program quality.

Emergency Numbers

Eugene Police and Fire or Medical Emergency (life-threatening)	Dial 9-1-1
UO Police Department	Emergency 9-1-1
	Non-Emergency 541-346-2919
UO POLICE DEPARTMENT	
UO Police Department (general information)	541-346-2919
Communications and Emergency Response Center (CERC)	541-346-2919
Parking Information, Bicycle Registration	541-346-5444
Campus Safety Escort	541-346-2919
University Access Coordinator	541-346-5446
Technical Systems Coordinator	541-346-1965
OTHER UNIVERSITY RESOURCES	
24-hour Sexual Violence Response and Support Services	541-346-SAFE (7233)
UO Women's Center	541-346-4095
<u>Duck Rides</u>	541-346-RIDE (7433)
<u>Campus Shuttle</u>	see online map
Lesbian, Gay, Bisexual and Transgender Educational and Support Services	541-346-6105
Office of Student Conduct and Community Standards	541-346-3216
Office of the Dean of Students	541-346-3216
<u>University Counseling Services</u>	541-346-3227
University Health Services (urgent, non-emergency appointments)	541-346-2770
University Housing	541-346-4277
UO After-Hours Crisis Support Line (for help after 5:00 p.m.)	541-346-3227
UO Office of Affirmative Action and Equal Opportunity	541-346-3123
LOCAL COMMUNITY RESOURCES	
White Bird Clinic Counseling	541-342-8255
CAHOOTS Crisis Assistance (dispatched through Eugene police)	541-682-5111
Lane Independent Living Alliance	541-607-7020
Oregon State Police Sex Offender Registration Unit	503-378-3720
Eugene Police Department	541-682-5111
Sexual Assault Support Services (SASS)	844-404-7277 or 541-343-7277
Hope and Safety Alliance	541-485-6513 or 800-281-2800
Eugene Police Crime Prevention Unit	541-682-5137
Eugene Police West University Substation (13th and Kincaid)	541-682-8350
Hourglass Community Crisis Care Center	541-505-8426
Uber	Smartphone Application
<u>Lyft</u>	Smartphone Application
Oregon Taxi	541-434-8294

Eugene and Springfield Community Addiction Assistance and Resources

Al-Anon Information Service	541-741-2841	
(AIS for family and friends of addicted person)		
Alcoholics Anonymous (AA)	541-342-4113	
Buckley House Detox Center	541-762-4575	
(Short-term treatment and detoxification)		
Center for Family Development	541-342-8437	
(Outpatient counseling and substance abuse treatment)		
Emergence Addiction and Behavioral Therapies	541-393-0777	
(Also known as ACES)		
Integrated Health Clinics of Eugene	503-353-9415	
(Outpatient substance abuse treatment)		
Lane County Corrections	541-682-4263	
Lane County Public Health Prevention Program		
Lane County Alcohol Prevention	541-682-3031	
Suicide Helpline	800-273-TALK (8255)	
Military Helpline	888-HLP-4-VET (457-4838)	
Gambling Helpline	877-MY-LIMIT (695-4648)	
Parent Helpline for Children	855-DRUG-FREE (378-4373)	
(For concerns about drug use/drinking)		
Looking Glass Youth and Family Services	541-686-2688	
Crisis Line	541-689-3111	
Mothers against Drunk Driving	877-275-6233 or 541-343-8115	
Lane County Methadone Clinic	541-682-4464	
Nar-Anon, for Family and Friends of the Addict	800-477-6291	
Narcotics Anonymous	541-729-0080	
(Free confidential support groups for those struggling with issues of drug addiction)		
Oregon Tobacco Quit Line	800-QUIT-NOW (784-8669)	
(Free counseling to help you quit tobacco)		
Overeaters Anonymous- Willamette Valley Area	Web Only	
<u>Chrysalis Treatment Program</u>	541-683-1641	
Prevention Lane Gambling Resources	541-682-3928	
Serenity Lane Treatment Center	541-485-1577	
White Bird Crisis Line and Service Center	541-342-8255	
Willamette Family Treatment Services	541-762-4300	
Hourglass Community Crisis Care Center	541-505-8426	
National Suicide Prevention Lifeline	988	